

WILLIAMS Weekly Update 24/11/25

After a weekend off for some of our athletes, and officials, the VAL action returns with a double-header as we race at Warrnambool and Terang, events that have now become an important and much-anticipated weekend in the VAL calendar. With visitors from SA, Qld, NSW and Tassie, the racing should be great. Both clubs have put in a lot of work to put these Gifts, of which we're all appreciative.

Lost Property

There is an increasing pile of property that has been left behind across our first four meetings, including a number of sets of blocks. Please take care to ensure you take everything with you when you depart each venue, as we don't have any space left in the equipment van to hold any more! Culprits who have forgotten to take blocks can claim them from Scott Burrows via the van.

Tag & Test

Anybody in our VAL family have the tag and test qualifications? We need to get our electrical equipment tested, and hoping someone may be able to give us some of their time to do this one meeting while everything is already unpacked. See Colin or email val@val.org.au if you are able to assist.

Stawell Athletic Club

The VAL congratulates (our own) Rob McIntosh on being elected President of the Stawell Athletic Club for the current season. Well done Rob!

The Infield

Athletes and trainers are reminded that according to the current VAL Regulations, only athletes taking part in the meeting, and registered trainers with athletes who are due to compete, or have competed within a reasonable time frame, are permitted on the arena during the course of a meeting.

Whilst on the arena, you are required to not obstruct the view of any VAL officials or media. This means sitting or squatting down for the entire duration of circular events. It also means allowing clear sight to the entirety of the sprint track for all VAL officials and media. Athletes and trainers should also show courtesy for those outside the arena by sitting or squatting for the entire duration of sprint events.

Rye Gift – Past Winners

As Rye host the 50th running of the Rye Gift this year, the club would like to acknowledge any past winners in attendance. If you have won a Rye 120m Men's or Women's Gift, and would like to attend and be part of this special occasion, please RSVP by email or phone to:

- Gary.sanford@outlook.com
- 0409194314
- RSVP by 10th December 25