

Weekly Update

Hats off to all those brave souls who turned up to Essendon last Saturday in very trying weather conditions. The rain caused a few issues with our equipment, which unfortunately prolonged the meeting a little as we battled to get all the results captured accurately. Thanks to all for your patience and understanding, and congratulations to those who ran well or tasted success.

This Saturday we head to Lancefield, with some great prizemoney on offer, including the 400m Gift events, and the Lancefield Cup contested over 800m. The weather forecast looks a lot better than last Saturday's!

Prize Money

Athletes who tried to use the QR code and Essendon and found it was no longer working may email their bank account details to events@val.org.au to receive payment. Competitors at Lancefield who win prizemoney should ensure that they visit the pay table prior to leaving the venue.

Livestream

Can't make it one week but want to watch all the action? Interested to go back and watch a replay of your race? Head to [Browse - My Sport Live](#) take out a subscription, and never miss a minute. The replay of the livestream is available to watch in full, or is also now broken down into individual events.

External Performances

It is the responsibility of athletes to enter any performances external to the VAL or SAAL into their performance history via the VAL website. We don't receive any automatic updates from other competitions, and our volunteer handicappers don't have the capacity to search every result for every athlete. PB performances, if not entered, may see the athlete sanctioned if the handicapper was not aware of the result prior to the day of the meeting.