

**Meeting:** Bendigo Gift, 8<sup>th</sup> March 2025

**Weather:** Hot day with fluctuating winds.

**Track:** 374m circular, grass track surface was well grassed.

**Commentator:** Ollie Wurm, Harry McDonough

**Wind Gauge:** Automatic

**Starters:** Graeme Humphrey, Rob McIntosh

**Photo Finish:** Chloe Blennerhassett

**Results:** Nila Blennerhassett

**Stewards:** Chief Richard Wearmouth, Chad Ryan & John Henry

**Handicappers:** Colin Lane, Chad Ryan, Kim McDonough

**Official Media:** Neil Jameson, Max & Sam Blennerhassett

**Colour Stewards:** Dianne Tzilantonis

#### NAP's:

#### ICP: Inconsistent Performance

Maki Loukeris Mens 120m

Ruby Crisp Womens 120m

#### IE: Insufficient Effort

Paul Tancredi Mens 120m

#### Injuries

Isaac Malamatinas Mens 70m

Sophie Stokes Womens 400m

Tim Rosen Mens 70m

Dom Condello Masters 120m

Wallace McGowan Masters 300m

#### Breaks

Andrea Herne Womens 70m

Olivia Parnell U/18 120m

#### LOT: Loss of time

120m Mens Sami Latu, Luke Mitchell, Endale Mekonnen

400m U/18 Johnathon Maraffa, Leo McMeel, Hannah Gec

Open 800m Declan Gould, Claudia Carter

#### OTR: Outside Time Range

Womens 70m Laura McDougall, Sonya Pollard, Katie Roberts

Mens 70m Lachlan Shanks

120m Men Daniel Quattrone, Mitchell Mullins, Lachlan Shanks

120m Women Ellie Keritianos, Josephine Gaisie, Keely Henderson, Grace O'Dwyer, Tayla Perry, Kelsie Roberts, Zoe Neale, Katharine Wright, Megan Blair, Cara Hill

400m Women Danielle McDowell, Isabella Antonino, Kirrily Burnett, Kelsie Roberts, Halle Martin

400m Men Harrison Kerr, Nicholas Antonino, Endale Mekonnen

120m Masters John Hilditch, Mohamed Zeed, Josephine Gaisie, Louise Muse, Antony Langdon, Eugene Hansen, Cara Hill, Peter Biggs, Brendan Bailey, Gary Davidson, Craig Foley

300m Masters Brendan Bailey, David Woods, Danielle McDowell, Antony Langdon, Stefan Catalano, Marcus Downes, Peter Angelina, Josh Stott, James McEniry

Open 800m Ryan Antidormi, Mark Andrews, Brendan Norden, Samuel Storer, Anna Mulquiney, Isabella Antonino, Gabby Sullivan, Zoe Nicholzen, David Woods, David Morrisey, Amanda Chimenton, Tom Maxwell

**Stewards Notes from the day:** Congratulations to Craig and team on excellent track and Gift.

When stables are celebrating a team victory could you please refrain from doing so till after all runners have crossed finishing line.

Eugene Hansen and Louise Muse were given permission to start without blocks in the 120m masters.

Athletes are not permitted to practice starts on race starters gun. There have been a number of warnings about this so in future offenders will be fined.

It is the responsibility of runners to ensure their performance history outside the VAL has been declared prior to their next meeting. Pb's should be notified immediately to the office and new runners should ensure their performance history is correct. Failure to do so may result in sanctioned being applied.

Please note that from future meetings after Ballarat 2025 if you are still running in flats, you will be required to compete in them for the rest of the season.

**We are concerned with athletes pulling up sore with cramp and we remind you that if you can't give a full effort throughout the race, you will be issued a 14-day penalty or a UP?**

**All athletes are reminded that they must wear their own singlet underneath the VAL singlets at all times and return their VAL singlets asap after their event.**

Athletes are reminded that it is their responsibility to check whether they have progressed to the next round, future breaches will incur a fine.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of last season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

Registered Runners and Trainers only, should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

Breaking in a heat or semifinal and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.