

Meeting: Castlemaine Gift, 23rd February 2025

Weather: Warm day with fluctuating winds.

Track: 395m circular, grass track surface was well grassed.

Commentator: Ollie Wurm, Harry McDonough

Wind Gauge: Automatic

Starters: Graeme Humphrey, Rob McIntosh

Photo Finish: Chloe Blennerhassett

Results: Nila Blennerhassett

Stewards: Chief Richard Wearmouth, Chad Ryan & John Henry

Handicappers: Colin Lane, Chad Ryan, Kim McDonough

Official Media: Neil Jameson, Max & Sam Blennerhassett

Colour Stewards: Dianne Tzilantonis

NAP's:

ICP: Inconsistent Performance

Harriett Fox 400m Restricted

IE: Insufficient Effort

Aubery Watson

UP Unacceptable Performance

Hudsen Downes

Martin Barrow

LOT: Loss of time

Open 70m Fraser Stott

120m Women Laura McDougall

120m Men Sky Hunter Robertson, Hamish Hopkins

300 Masters Chris Diegan

400m Jack Wolff, Lachlan Perdon

400 Restricted Geoffrey Lam

120m Girls u/18 Georgia Benton

120m Boys U/18 Sloane Mulholland

Open 800m Adrian Bender, Daniel Noden, Declan Gould

OTR: Outside Time Range

70m Open Hugh Hoffman, Daniel Martin, Alex Tzilantonis, Chris Diegan, Harriett Fox, Peter Biggs

120m Men Daniel Quattrone, Rory Nunn

120m Women Harriett Fox, Cara Hill, Tiana Shillito, Caitlyn Nichol森, Tara Beasley, Keely Henderson, Megan Blair

400m Women Danielle McDowell, Isabella Antonino, Kim McDonough, Kirrily Burnett

120m Masters Nathan Livistanos, Samantha Barrow, Peter Biggs, Marita Downes, Graeme Armstrong,

BRK: Break

Allira May 120m heat Womens Gift
Anya Davies 120m U/18 heat
Sky Hunter Robertson semi-Mens Gift 120m
Isabella Morgan Womens 120m final

Stewards Notes from the day: Well done to Daryl and crew on excellent Gift.

When stables are celebrating a team victory could you please refrain from doing so till after all runners have crossed finishing line.

Martin Barrow was spoken to regarding a substantial improvement from his last run. Stewards were not satisfied with his response and he was issued with a UP.

Brendan O'Donnell ran inside the white line on multiple occasions in the 3200m event. He was disqualified from the event.

Coey Baker spoke with stewards before the 70m final about a leg issue. He was given permission to warm up and make his own decision re. competing.

Keely Henderson notified stewards about bronchial issues and was unsure whether it would impede her performance.

Lucas Pierce was spoken to after his 120m u/18 heat and was re handicapped for the final after not submitting an improved PB.

Ryan Antidormi and Phil Noden were given permission to compete in flats for the 3200m event. They were informed that in any other 3200m events this season they must compete in flats.

Athletes are not permitted to practice starts on race starters gun. There have been a number of warnings about this so in future offenders will be fined.

It is the responsibility of runners to ensure their performance history outside the VAL has been declared prior to their next meeting. Pb's should be notified immediately to the office and new runners should ensure their performance history is correct. Failure to do so may result in sanctioned being applied.

Please note that from future meetings after Ballarat 2025 if you are still running in flats, you will be required to compete in them for the rest of the season.

We are concerned with athletes pulling up sore with cramp and we remind you that if you can't give a full effort throughout the race, you will be issued a 14-day penalty or a UP?

All athletes are reminded that they must wear their own singlet underneath the VAL singlets at all times and return their VAL singlets asap after their event.

Athletes are reminded that it is their responsibility to check whether they have progressed to the next round, future breaches will incur a fine.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of last season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

Registered Runners and Trainers only, should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

Breaking in a heat or semifinal and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.