

Meeting: Ballarat Gift, 8th+ 9th February 2025

Weather: Saturday warm day, Sunday cool day with moderate winds both days.

Track: 400m circular, grass track surface was in excellent condition.

Commentator: Mathew Webster, Harry McDonough and Ollie Wurm.

Wind Gauge: Automatic

Starters: Rob, Keiran McIntosh and Graeme Humphrey

Photo Finish: Chloe Blennerhassett

Results: Nila Blennerhassett

Stewards: Chief Richard Wearmouth, Chad Ryan & John Henry

Handicappers: Colin Lane + Kim McDonough

Official Media: Neil Jameson, Max & Sam Blennerhassett

Colour Stewards: Dianne Tzilantonis

NAP's:

ICP: Inconsistent Performance

IE: Insufficient Effort

LOT: Loss of time

70m Men Michael Singh

70m Women Alex Tzilantonis

120m Women Grace Crowe

120m Men Aubery Watson

400m Women Charlotte Nielsen, Allira May, Olivia Parnell, Tiana Shillito

400m Men Mitchell Mullins, Lincoln Barnes

OTR: Outside Time Range

70m Men Hugh Hoffman, Marcus Schafer, Chris Diegan, Peter Biggs

70m Women Jennifer King, Taylah Bennett, Harriett Fox, Kelsie Roberts

120m Men Jack O'Dea, Noddy Angelakos, Rory Nunn, Matt Burleigh, Mitchell Mullins, Darcy Ireland.

120m Women Keely Henderson, Chloe Kinnersly, Ellie Keriatanos, Cara Hill, Jennifer King, Imogen Nobbs, Alex Tzilantonis

400m Women Danielle McDowell, Isabella Antonino, Chloe Kinnersly, Kim McDonough

400m Men Brett Maurer, Jack O'Dea, Nathan Livistanos, Nicholas Antonino, Jack Colgrave, Luke Mitchell

120m Masters Elvis Cross, Nathan Livistanos, Brett Maurer, Peter Biggs, Brendan Bailey, Todd Ireland

300m Masters Luke Robertson, Brendan Bailey, Jeff Sargeant, Tony Martin

BRK: Break

70m Men Semi Patrick Martin

120m Restricted Kidus Mekonnen

120m Masters Brett Maurer

INJ: Injury

550m Masters Carl McMeel

800m over45 Nathan Crowley

120m Women Semi Grace Crowe

70m Men Heat Murray Goodwin

3200m Nathan Hartigan

All 14 days

Stewards Notes from the day: Congratulations to Andrew Hoffman and crew on another magnificent two days.

When stables are celebrating a team victory could you please refrain from doing so till after all runners have crossed finishing line.

Athletes are not permitted to practice starts on race starters gun. There have been a number of warnings about this so in future offenders will be fined.

Track allowance was issued for the 70m .1

Heat 4 Men 70m had a timing malfunction. This required all athletes excepting winner to run another heat after last heat for times.

Carl McMeel was injured after his Over 45 550m heat in which he qualified for the final so was given permission to scratch.

Kris Kardakovski qualified for the semi's of the 120m Gift but due to a vehicle breakdown was unable to compete.

Macey Hansen had a heavy fall when in a winning position in the 120m U/14 final. She recovered to compete in later events.

Mark Andrew was given permission to compete in flats in the 1600m.

Mark Boxer who had been warned previously about running on the line in circular events was fined \$50.00 for repeat offence.

It is the responsibility of runners to ensure their performance history outside the VAL has been declared prior to their next meeting. Pb's should be notified immediately to the office and new runners should ensure their performance history is correct. Failure to do so may result in sanctioned being applied.

Please note that from future meetings after Ballarat if you are still running in flats, you will be required to complete in them for the rest of the season.

We are concerned with athletes pulling up sore with cramp and we remind you that if you can't give a full effort throughout the race, you will be issued a 14-day penalty or a UP?

All athletes are reminded that they must wear their own singlet underneath the VAL singlets at all times and return their VAL singlets asap after their event.

Athletes are reminded that it is their responsibility to check whether they have progressed to the next round, future breaches will incur a fine.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of last season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

Registered Runners and Trainers only, should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

Breaking in a heat or semifinal and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.