

Meeting: Wangaratta Gift 25th January 2025

Weather: Warm day with mild to no wind.

Track: 400m circular and straight track excellent surface overall.

Commentator: Ollie Wurm

Wind Gauge: Automatic

Starters Mathew Webster & Rob McIntosh

Photo Finish: Chloe Blennerhassett Di Tzilantonis

Results: Nila Blennerhassett

Stewards: Chief Richard Wearmouth, Chad Ryan & John Henry

Handicappers: Colin Lane + Kim McDonough

Official Media: Neil Jameson, Didier Le Miere & Max & Sam Blennerhassett

Colour Steward: Matt McDonough

NAP's:

ICP Inconsistent Performance

IE Insufficient Effort

INJ Injury

BRK Break

INJURIES:

Dan Mcgavern 300m masters final 14 days

Breaks:

Sloane Mulholland u/18 heat

LOT: Loss of time

u/18 120m Lucy Potter

120m men Jack Wolff

400m

Endale Mekonnen

Cooper Lubeck

800m

Tom Gerrish

ICP Inconsistent Performance

120m Semi Final Daniel White Alikakos

OTR

Outside Time Range

70m Open Marcus Schafer, Halle Martin, Jack Wolff, Daniel Martin, Peter Biggs, Matt Dinan, Sophie Stokes, Hugh Hoffman, Cam Dunbar, Darcy Ireland, Lachlan Shanks, Chloe Kinnersley, Mitchell Mullins, Joshua Young.

120m Men Mitchell Mullins, Lachlan Shanks, Daniel Quattrone, Paul Tancredi.

120m Women Megan Blair, Zoe Neale, Alex Tzilantonis, Elise Moss, Liv Ryan, Chloe Kinnersley, Halle Martin

120m Over 35s Brett Maurer, Peter Biggs, Sonya Pollard

300m Over 35s Lynn Gunning, Jeff Sargeant

Stewards Notes from the day:

Circular track was 400m and it and straight track were fast.

Another great Wangaratta Gift, congratulations to Anna, Paul, Greg, Bernie and crew on fantastic event.

Aaron Peter Budge was spoken to after his 70m heat. He explained he felt twinge in hamstring so eased near finish. His explanation was accepted

Kristopher Kardakovski was spoken to after his 120m Men Semi. He explained he felt a slight twinge in his leg and was reluctant to push hard. His explanation was accepted.

Stewards spoke with Daniel White-Alikakos after a poor performance in his 120m men semi final. He couldn't explain why and was issued with an ICP.

Jesse McKenna spoke with stewards about a sore shoulder before his 120m heat. He was thanked for this as this will help explain the reason if the athlete performs below expectation.

A reminder to athletes being given 14 days for injury it can be reduced to 7 days with a medical certificate.

It is the responsibility of runners to ensure their performance history outside the VAL has been declared prior to their next meeting. Pb's should be notified immediately to the office and new runners should ensure their performance history is correct. Failure to do so may result in sanctioned being applied.

We are concerned with athletes pulling up sore with cramp and we remind you that if you can't give a full effort throughout the race, you will be issued a 14-day penalty or a UP?

All athletes are reminded that they must wear their own singlet underneath the VAL singlets at all times and return their VAL singlets asap after their event.

Athletes are reminded that it is their responsibility to check whether they have progressed to the next round, future breaches will incur a fine.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of last season, particularly in regard to 'winning intent' and also competing with consistency from week to week. You can read the notes [HERE](#)

Registered Runners and Trainers only, should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

Breaking in a heat or semifinal and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.