Meeting: Rye Gift, 11th January 2025

Weather: Warm day with fluctuating winds.

Track: 400m circular excellent surface overall.

Commentator: Ollie Wurm

Wind Gauge: Automatic

Starters: Mathew Webster & Rob McIntosh

Photo Finish: Chloe Blennerhassett & ?

Results: Nila Blennerhassett

Stewards: Chief Richard Wearmouth, Chad Ryan & John Henry

Handicappers: Colin Lane, Kim McDonough

Official Media: Neil Jameson, Didier Le Miere & Max & Sam Blennerhassett

Colour Stewards: Di

NAP's:

INJURIES:

Aiden Debarnadi 300m Masters 14 days Saskia Williams 400m U18 14 days

Breaks:

120m Womens Clea Clifford120m U18 Mia Hetherington & Angela Davies120m U18 Boys Xavier Fakhry300 Masters: Les Williams & Tom Hecomovic

LOT: Loss of Time:

300m Masters Mark Andrews 800m Open Jack Doderico, Declan Gould & Jack O'Farrell

OTR (Outside time Range):

70m Open: Keeley Henderson, Chris Byron & Chris Diegan

120m Men: Jack Wolff, Noddy Angelakos, Darcey Ireland, Jake Ireland, Pavinder Singh Bajwa, Michael Singh, Matt Burleigh, Mohomed Zeed, Chris Diegan, Steve Lester & Jack Odea

120m Women: Olivia Barry, Keeley Henderson, Kelsie Roberts, Elise Moss, Tiania Shillito, Zoe Neale, Live Ryan, Taylah Perry & Alyssa Neale

400m Women: Liv Ryan, Danielle McDowell & Isabella Antonino

400m Men: Darcey Ireland

ICP (Inconsistent Performance)

70m Open Dash Muir – **UP**

120m Mens Declan Byrne - ${\bf UP}$

70m Open Isacc Malamintas - NAP

A reminder to athletes being given 14 days for injury it can be reduced to 7 days with a medical certificate.

Stewards Notes from the day: Thank you Gary and the Rye team for staging the gift at Rowleys Reserve. Track was in excellent condition but circular track handicaps need to be marked and straights on track rather than circle.

Stewards gave a track allowance of .15 for the 120m events.

Rob Italia and Eric Sapac entered for the 70m novice for which they were ineligible to enter. They were given the option to run in the open 70m.

South Australian athletes Jesse Cordoma and Corey Baker contacted the stewards to see if they could go in late gift heats as they were held up on the freeway. They were given permission.

Isaac Malamatinas was questioned about his performance in his 70m heat. After his explanation he was issued with a ICP Nap.

The stewards questioned Dash Muir after his 70m heat effort. He stated that he had pulled up sore after the previous meeting. Stewards were not satisfied with his response and effort and he was issued with a UP.

Declan Byrne was questioned after his poor 120m gift heat. His response was that he could have run harder after poor start. Stewards were disappointed with his performance and explanation so he was issued with a UP.

In the over 45 800m Rob Kenshole was disqualified after running inside and on the line for a great part of the race.

Aiden Debarnadi was given permission to scr from the 300m masters final due to illness. He was issued with a 14day injury suspension.

Saskia Williams had hamstring soreness before her u/18 400m final. She was given a 14 day injury suspension.

Isabella Boulton was checked at the 250m mark of her u/18 400m heat. This hindered her performance.

It is the responsibility of runners to ensure their performance history outside the VAL has been declared prior to their next meeting. Pb's should be notified immediately to the office and new runners should ensure their performance history is correct. Failure to do so may result in sanctioned being applied.

There have been a number of runners requesting to wear flats in races due to injury concerns etc. Please note that from the Wangaratta Gift Meeting if you are still running in flats, you will be required to complete in them for the rest of the season.

We are concerned with athletes pulling up sore with cramp and we remind you that if you can't give a full effort throughout the race, you will be issued a 14-day penalty or a UP?

All athletes are reminded that they must wear their own singlet underneath the VAL singlets at all times and return their VAL singlets asap after their event.

Athletes are reminded that it is their responsibility to check whether they have progressed to the next round, future breaches will incur a fine.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of last season, particularly in regard to 'winning intent' and also competing with consistency from week to week. You can read the notes HERE

Registered Runners and Trainers only, should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

Breaking in a heat or semifinal and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.