

Meeting: Essendon Gift, 9th November 2024

Weather: Fine and partly cloudy day with mild to moderate winds.

Track: 400m synthetic track

Commentator: Ollie Wurm

Wind Gauge: Automatic

Starters: Rob McIntosh and Graeme Humphrey

Photo Finish: Chloe Blennerhassett +??

Results: Nila Blennerhassett

Stewards: Chief Richard Wearmouth, Chad Ryan & John Henry

Handicappers: Colin Lane, Jonno Rogers & Kym McDonough

Official Media: Neil Jameson, Didier Le Miere & Max Blennerhassett

Colour Stewards: Di Tzilantonis

NAP's:

Break: 70m Womens-Oliver Parnell, 70m Mens-Willian Byrne-Jones & U18 Boys 100m-Oliver Mc Dougall

INJURIES: 70m Womens-Taylah Perry – 14 days, 70m Mens-Darcey Ireland – 14 days, 200m Mens-Nic Davey – 14 days

LOT :Loss of Time 70m Men-Cameron Moss, Darcey Ireland & Sami Latu + 70m Womens-Laura McDougall, Chloe Barnard, Taya McPhan & Zoe Neale + 100m Masters-Chris Deigan & Mark Glassborrow + 200m Womens-Akash Lyer, Kylie Drew, Ellie Keriantanos, Andrea Hearne, Cassandra Le Couter, Raine ShuQin Oh, Kaylan Barrett & Jessica Payne + 200m Mens-Declan Byrne, Isaac Malamatinas, Steve Lester & Matthew Warren + 300m Masters-Zander McDougall & Gary Blake + 550m Open-Adrian Bender & Ryan Antidormi + 100m Restricted-Gemma Stapelton + Joel Stapleton

OTR (Outside time Range): 70m Mens-Matt Burleigh, Daniel Martin, Cam Dunbar, Peter Biggs, Lachlan Shanks & Mitchell Mullens + 100m Masters-Peter Biggs & Vic Sharma + 300m Masters-Martin Amooore, Tom Hecimovic, Dean McLennan, Jamie Johns, Mark Glassborow & David Gill + 1600m Open-Michael Ryde

UP's:

Stewards Notes from the day: Congratulations to Essendon Athletic Club under the leadership of Dom Condello on their excellent effort. Great to see Dom & John doing all the handicaps. This being a requirement for each VAL meeting.

We had quality athletes from across Australia providing a great spectacle.

It was great to see that our new VAL program system working so well throughout the day.

Well done to all involved, to have the digital system up at Essendon.

We thank you Nila, Chloe, Shane for their tireless efforts.

Stewards spoke to Lachlan Shanks regarding his effort in the 70m Mens heat, he stated that he had a limited preparation for the race. His explanation was excepted but was informed that in the future he would be scrutinised. Grace Crowe stumbled at the start of her 70m Womens heat.

Anna Kasapis & Audrey Murnane were given permission to compete in runners. Georgia Benton missed her 100m U18 heat and was then placed in a later heat. Will Adams blocks slipped in his 200m Mens heat. There was a timing malfunction in heat 7 of the 200m

Womens it was decided that the winner would progress to the semi-finals but the remaining athletes were requested to re-run their heat following the 300m Masters heats.

In the 300m Masters Steve Hurl was spoken to regarding his effort and he stated he was recovering from a virus & tired late in his heat. His explanation was excepted. In the 800m 45+ Tom Hecimovic stepped off the track with 400m to complete.

His explanation was considered but he was informed that it wasn't in the best interest of the VAL and therefore he was issued with an NAP.

Stewarding Comments: It is the runner's responsibility to ensure they are at the start line for their heat.

Athletes are reminded to return the VAL singlets to colour tent immediately completing their event except place getters for the presentations. Following that they must be returned promptly. **WE** have a number of **MISSING** singlets from Cobden & Mortlake that need to be **returned ASAP**.

Athletes MUST SUPPLY their own **starting blocks**; some athletes are using other athletes blocks **without permission**.

It is the responsibility of runners to ensure their performance history outside of the VAL has been declared prior to a meeting. PB's should be notified immediately to the office and new runners should ensure their performance history is accurate. Failure to do so may result in sanctions being applied.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of last season, particularly in regard to 'winning intent' and also competing with consistency from week to week. You can read the notes **HERE**

Registered Runners and Trainers only, should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

Breaking in a heat or semifinal and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.